April 2025 | Volume 3 | Issue 4

# 

"We rise by lifting others." — Robert Ingersoll



### **Discover This Month**

Embrace new horizons this April! This edition of Royal News from Royal Day Solutions is filled with opportunities to explore, connect, and discover something new. From exciting events to meaningful moments, let's make this month one of growth and connection within our community.

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English Newsletter Audio: Click the button or scan the QR code.



**Eating Healthy on a Budget** See page 1.



Aut2Run on April 27 See page 1 and 2.



**Employee Appreciation Day** See page 3.

# **Community Resources**

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



#### Personal Finance Starter Kits Tuesday, April 1, 2025 | All Day Location: Camarillo Public Library, 2nd Floor Reference Desk Pick up a free financial starter kit with worksheets, trackers, and resources. One kit per person, while supplies last.



**Click Here** 



#### Eating Healthy on a Budget Saturday, April 5, 2025 | 10:00 AM - 11:30 AM Location: Camarillo Public Library, Community Room B Learn budget-friendly meal planning, grocery tips, and healthy eating strategies in an interactive class with a registered dietitian.







Sexual Assault Awareness Presentation Thursday, April 3, 2025 | 4:00 PM - 5:00 PM Location: Camarillo Public Library, Community Room Learn about sexual assault, supporting survivors, and local resources in a presentation by The Coalition for Family Harmony.







#### Aut2Run 2025

Sunday, April 27, 2025 | Starting at 7:00 AM Location: California State University Channel Islands, Camarillo Participate in various races (15K, 10K, 5K, 1 Mile, Fun-K, Virtual) to support the Autism Society Ventura County.







#### **Tech Help**

Saturdays & Sundays | 2:00 PM - 4:00 PM Location: Camarillo Public Library, Tech Lab Get free one-on-one help with email, software issues, and more. No appointment needed.



<u>Click Here</u>



# **April 2025** Events & Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 National Walking Day PB&J Day	3 ASL Class 10:30am- 11:30am Burrito Day	4 Coffee & Donuts 9am-11am Bowling with Friends	5
6	7 Oxnard Library Event National Library Week	8	9 Unicorn Day	10	11 Bowling with Friends National Pet Day	12
13	14 Meditation Class Gardening Day	15 Laundry Day	16 Banana Day Pajama Day	17 ASL Class 10:30am- 11:30am	18 Bowling with Friends	19
20 Easter	21	22	23	24 Birthday Celebration	25 Bowling with Friends	26
Aut2Run <sup>27</sup>	28 Meditation Class	29	30			

## March '25 Moments Having fun in our community



Celebrating Employee Appreciation Day on March 20, 2025! Thank you to our wonderful Royal Day Solutions Team!



Nathan's adventure to the movie theaters.



Sharing meaningful community moments!









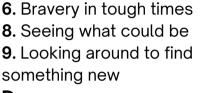




**Click Here** 

Access puzzles online: Click the button or scan the QR code.

### **Eyes on the Horizon!**



4. An exciting experience

#### Down

Across

- 1. What's coming next
- 2. Filling someone with energy
- 3. Trying something different
- 5. A trip to new places
- 7. Something to work toward



C K J 2

8



### **Chasing Sunsets** PMFNMVRP F

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Word Bank	
JOURNEY	SKY
EXPLORE	PATH
DREAM	INSPIRE
FUTURE	EXPAND
DISCOVERY	COURAGE
ADVENTURE	RISE
CHANGE	GOAL
VISION	CHALLENGE
HOPE	POSSIBILITY
BRAVE	GROWTH

### **APRIL 2025** Happy Birthdays and Anniversaries





### **MONTHLY JOKES**

**Q: What's orange and sounds like a parrot?** A: A carrot!

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**Q: How do you make an** octopus laugh? A: With ten-tickles!

**Q: How do you stop a bull from charging?** A: Cancel its credit card!

# Got a story, photo, or event? Share it with us! Email us at:

RoyalDaySolutions@NewslettersOnline.org

Together, we make this newsletter awesome!